

January 20, 2023 – Friday Follow-up



FRA Meeting This Monday!

FRA (Site) Reps, as a reminder, there is a FRA meeting this Monday, January 23rd, from 4:00pm – 6:00pm. The link has been sent to FRA reps in a separate email - if you did not receive the email, reach out to the HEA office. Please plan to attend to hear updates regarding:

- Chromebooks
- Refresh and Modernization News
- SEL - District programs for students
- WIFI outages and the district response
- Universal screener
- And more!

If you are unable to attend, please plan to have a FRA alternate there so information can get back to your site for your 10-minute HEA meeting.

We Have Heard Rumors...

We have heard rumors that:

- VISP will not continue next year - We will check with Ed Services.
- Class sizes will be larger - The district would need to negotiate any increases over the contract class sizes. We will be negotiating and advocating for smaller class sizes.

Universal Screener Update

We received notice that TK-1 has a training coming up related to the Universal Screener. The concern is three-fold:

1. That the training/meeting is being held within the instructional day resulting in people missing preps and collaboration time.

In response: We are continuing to work on ensuring compensation for the missed preps and collaboration times will be made.

2. The meeting/training is held after the school day without a mention of compensation
In response: The pay will be at the teacher's per diem rate for time outside of the work day. We are still working on the pay for the time in the meeting/training within the work day.

3. No mention of make-up if someone cannot attend.

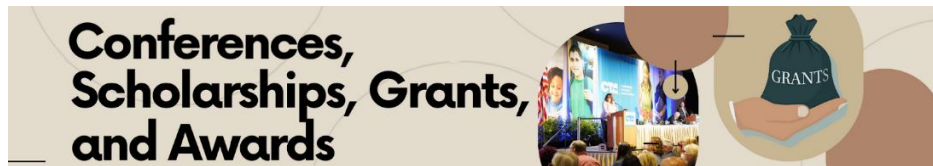
In response: The district offered make-ups but we are not sure if all folks received the message in a timely manner. Please let us know if you were not able to attend because of a less than timely notice.

Catastrophic Leave

Nobody plans for an unexpected crisis to happen, but when it does, it is comforting to know that you can turn to the Catastrophic Leave Bank (which is 100% made up of contributions from HEA members) and request additional paid leave. This Catastrophic Leave "is to provide leave to unit members who have suffered from a personal catastrophe (such as destruction of their home or prolonged illness) when the unit member's sick leave is exhausted." See the [Catastrophic Leave Request Form](#) for more information.

But the Catastrophic Leave Bank needs your help! Last year was especially difficult for those who reached out for help - of the requests that were made, the Catastrophic Leave General Bank did not have enough contributed days to fulfill even **2% of the days** that were requested by members. If you are able, please consider donating to the Catastrophic Leave General Bank. To donate, complete a [Catastrophic Leave Contribution Form](#) and forward it to office@heahayward.org.

Thank you, in advance, on behalf of the many members who have needed in the past, or may need in the future, these donated days for various catastrophic emergencies!



New Educator Weekend

HEA is looking to sponsor 3 Members (**who are in the first 3 years of their profession**) to attend the CTA New Educator Weekend Conference on March 10-12, 2023. If interested to be considered, email office@heahayward.org before **Feb. 10th**! See the attached [New Educator Weekend Conference flyer](#) for details.

Members will be getting close to two full days of professional development, opportunities to network with other new teachers and access to top educators in the state as the sessions are led by experienced classroom teachers. Topics discussed include: classroom management, creating engaging classrooms, lesson plans and ideas, connecting with your union, student loan forgiveness information, member benefits, project grants and more.

Equity and Human Rights Conference

HEA is looking to sponsor 2 Members to attend the CTA Equity & Human Rights Conference on March 17-19, 2023. If interested, email office@heahayward.org before **February 17th**! See the attached [Equity & Human Rights Conference flyer](#) for details.

This conference will capture the essence in CTA's Mission Statement: to ensure that the dignity and civil rights of all children, youth, and adults are protected and to secure a more equitable and democratic society.

HEF Grants and Others

Hayward Education Foundation will be giving awards up to \$1000 for Hayward teachers to use for enhancing their ability to reach their students in better ways or more creative ways using materials that the district doesn't provide. The due date for all applications is April 1. They are funding the requests as they come to them. Please spread the word! The application can be found at <https://www.haywarded.org/>.

Mike Beazley of HUSD has put together a [google sheet of just about all the grants available to teachers nationwide](#).



CTA Virtual Retirement Training - Register Soon!

Every year, we have folks asking about and expressing interest in attending a retirement training/workshop. This year, we received word that CTA will be hosting a **free** Virtual Retirement Training that will be available on several dates. If interested, check out the [Virtual Retirement Training flyer](#) and register for your preferred date. Because this is often a largely requested and attended training and spots are limited, be sure to register early to get a spot!

You are never too young or old to learn about your CalSTRS benefits, programs, and services.

FREE - Calm Mobile App

Introducing your newest CTA Member Benefit! The Calm mobile app is now available to all active CTA members.

Here's a sneak peek of what you can expect:

- Calm's Masterclasses taught by world-renowned experts
- Guided breathing exercises such as the Breathe Bubble
- Music tracks designed to promote focus, relaxation, and sleep
- 100+ guided meditations that cover anxiety, stress, gratitude, and much more
- Brand new daily meditations and movement sessions as part of their Dailies series
- The entire library of Sleep Stories which contains soothing bedtime tales for all ages (new stories added every week!)

As a CTA Member, you can activate your **FREE Calm subscription** by:

- Logging into www.CTAMemberBenefits.org/calm
- Follow the instructions - you will need your 10-digit CTA Individual member ID (add zeros in front if your ID number is less than 10 digits) - **contact office@heahayward.org if you do not know your CTA member ID.**
- Download the Calm app and log into your new account

[Additional Information found HERE.](#)

**We are stronger when we
Stand Up! Stand Strong! Stand Together!**



- **HEA FRA Meeting – Monday, 1/23/23 @ 4pm**
- **HUSD School Board Meeting – Wednesday, 1/25/23 @ 6:30pm**
- **HEA BoD Meeting – Monday, 2/6/23 @ 4pm**