

September 8, 2023 – Friday Follow-up



FRA Meeting this Monday, September 11th

We will have our first official FRA meeting on **Monday, September 11th**. Keep an eye out this weekend for an email with the meeting details and Zoom link. If you are not able to attend, please have an alternate FRA attend in your place so that the information can get back to sites.



LGBTQ+ Issues Conference

HEA is looking to sponsor 2 Members to attend the CTA LGBTQ+ Issues Conference on October 27-29, 2023. If interested, email office@heahayward.org before **September 26th**! See the attached [LGBTQ+ Issues Conference flyer](#) for details.

This year the theme of the conference is "The State of the Movement: The Fight for LGBTQ+ Justice in Schools." Sessions will focus on Awareness, Capacity & Skill Building, Taking Action & Organizing.

CTA Conference Incentive Grants

Did you know that CTA also offers incentive grants to attend CTA conferences? These CTA statewide grants are a great opportunity offered by our CTA Board of Directors. [Please follow the CTA guidelines and apply if you are interested](#). Also, keep any eye out for our local HEA sponsorship opportunities in future Friday Follow-ups!



Retirement Workshop

Every year, we have folks asking about and expressing interest in attending a retirement training/workshop. So, we were happy to receive word that CTA will again be hosting a **free** Virtual Retirement Workshop that will be available on several dates. If interested, check out the [attached flyer for the 2023-24 Retirement Workshops](#)! Because this is often a largely requested and attended workshop and spots are limited, be sure to register early to get a spot!

You are never too young or old to learn about your CalSTRS benefits, programs, and services.

**We are stronger when we
Stand Up! Stand Strong! Stand Together!**



- Virtual HEA Board Meeting – Monday, 9/11/23 @ 4:00pm
- Virtual HEA FRA Meeting – Monday, 9/11/23 @ 4:00pm
- HUSD School Board Meeting – Wednesday, 9/13/23 @ 6:30pm